AFFIRMATION QUOTES

What Are Affirmations?

“[Affirmations](https://positivepsychology.com/daily-affirmations/) are positive statements that reassure us of our self-worth and, with consistent use, can eventually lead to positive changes in our lives.”

# Start Every Day With Positivity.

Day Positivity.

I am liberated from fear, judgment, and doubt.

I choose only to think good thoughts.

I am happy in my own skin.

I am committed to improving my well-being.

I know my self-worth.

I am favored.

I am blessed beyond measures.

I am grateful for all what I have and will accomplish.

I will never give up on my goals and dreams.

I am a positive person who attracts positive situations for success.

I choose prosperity over failure.

I am prepared to work even harder to be successful.

Today will be another successful day.

I am powerful and fearless.

I focus on positivity for a better me.

I truly love myself.

I know good things will continue to happen in my life.

I am proud of who I am becoming.

So, I know I can achieve anything I focus on.

I am a happy person who has many hopes and dreams.

My thoughts and opinions are valuable.

I feel good about myself and the decisions I make.

I love and respect myself deeply.

[www.shihoriobata.com](https://www.shihoriobata.com/)